



Acne Conversation Starter

The time that you have with your doctor/dermatologist is valuable, yet limited. Print, complete, and take the acne conversation starter with you to your appointment.

Questions for your doctor/dermatologist

What kind of skin-care routine do I need?

What kind of treatment are you prescribing?

Are there side effects?

How do I use treatment?

When should I see results?

Do we need to have a follow-up appointment?

I have been dealing with acne for _____ months/years

I have brothers/sisters with acne too: Yes No

I wash my face with _____ .

How often do I wash my face? _____

I use or have used medicines to treat my acne

Over-the-counter medicines

Prescription medicines

I don't use medicines to treat my acne

If you use or have used medicines, which ones?

What is or was your experience with these products?

Other skin-care products I use include: _____

My makeup regimen includes: _____

I spend a lot time in the sun. Yes No

I use sunlamps. Yes No

I use sunscreen. Yes No

VELTIN Gel is prescription medicine used on the skin to treat acne in people 12 years and older.

It is not known if VELTIN Gel is safe or effective in children under 12 years of age.

IMPORTANT: VELTIN Gel is for use only on your skin. Do not get VELTIN Gel in your mouth, eyes, or vagina.

Important Safety Information for VELTIN Gel

Do not use VELTIN Gel if you have Crohn's disease or ulcerative colitis, or have had inflammation of the colon (colitis) with past antibiotic use.

Talk to your doctor if you are not sure if you have one of these conditions.

Clindamycin, one of the ingredients in VELTIN Gel, can cause severe colitis that may lead to death. Topical clindamycin may be absorbed through the skin into the bloodstream. Diarrhea, bloody diarrhea, and colitis have been reported with the use of topical clindamycin. Stop using VELTIN Gel and call your doctor if you develop severe watery diarrhea or bloody diarrhea.

While using VELTIN Gel, limit your time in the sun and avoid tanning beds and sunlamps. VELTIN Gel may cause your skin to become sunburned more easily. If you have a sunburn, do not use VELTIN Gel until it is healed. Use sunscreen and protective clothing, such as a hat. Also avoid other weather extremes such as wind and cold temperatures because these may be irritating to your skin.

Common side effects of VELTIN Gel include skin irritation (for example dryness, peeling, burning, or itching), which usually decreases gradually after 2 weeks.

Tell your doctor if you have any allergies or any other medical conditions.

Before using VELTIN Gel, tell your doctor if you plan to have surgery with general anesthesia. One of the medicines in VELTIN Gel can affect how certain anesthesia medicines work.

Tell your doctor if you are pregnant or plan to become pregnant, as it is not known if VELTIN Gel may harm your unborn baby.

It is not known if VELTIN Gel passes into breast milk. Topical clindamycin may be absorbed through the skin into the bloodstream. Clindamycin may pass into the breast milk when taken by mouth or by injection. You and your doctor should decide if you will use VELTIN Gel or breast-feed. You should not do both.

VELTIN Gel should not be used with products that contain erythromycin. Tell your doctor if you take medicine that contains erythromycin.

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